

Buddy Box – Hot Meal Delivery Service



Menu

9th December 2024 – 2nd February 2025

- *Please make your choice and return your order form to the driver
- *If you prefer you can call 01843 223881
- *Please select meal **A or *B (*Vegetarian)**
- *Please choose a pudding if you would like to receive one.

***Meals are £10 including a pudding.**

PLEASE NOTE

***Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**

***Meals must be delivered; we are unable to leave outside.**

***PLEASE RETURN OUT CONTAINERS**

*Our food is prepared where nuts, gluten and other allergies could be present.

*Our menu descriptions cannot always include all ingredients.

*We use fresh, locally sourced, seasonable vegetables

*We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:

.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

Age UK Thanet, Randolph House, Zion Place, Margate, KentCT9 1RP

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SALAD BOXES £6

We offer a choice of **HAM, CHEESE, CHICKEN, TUNA, PRAWN** salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

**Salads can now be considered as a meal alternative
if you do not fancy a hot meal pick me!**



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	Meal A	Meal B	Salad	Pud	Evening
MONDAY 9th DECEMBER 2024	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – COTTAGE PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE COTTAGE PIE WITH TWO SEASONAL VEG					
PUDDING – PEACH COBBLER WITH CREAM					
TUESDAY 10th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BREAKFAST BRUNCH					
MEAL B - VEGGIE BREAKFAST BRUNCH					
PUDDING – CHEESECAKE AND CREAM					
WEDNESDAY 11th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN & LEEK PIE, MASH AND TWO SEASONAL VEG					
MEAL B – VEGGIE & LEEK PIE, MASH AND TWO SEASONAL VEG					
PUDDING – POUND CAKE & CREAM					
THURSDAY 12th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – MILD CHILLI CON CARNE WITH RICE & GARLIC BREAD					
MEAL B – VEG CHILLI CON CARNE WITH RICE & GARLIC BREAD					
PUDDING – BANANA CUSTARD					
FRIDAY 13th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH GOUJONS, CHIPS, MUSHY PEAS & A SLICE OF LEMON					
MEAL B – VEG NUGGETS, MUSHY PEAS, CHIPS & A SLICE OF LEMON					
PUDDING – FRUIT AND CREAM					
SATURDAY 14th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SAUSAGE STROGANOFF, CREAMY MASH AND TWO VEG					
MEAL B – VEGGIE STROGANOFF, CREAMY MASH AND TWO VEG					
PUDDING – CAKE AND CUSTARD					
SUNDAY 15th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST CHICKEN DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE PIE ROAST WITH ALL THE TRIMMINGS					
PUDDING – BREAD PUDDING AND CUSTARD					

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MONDAY 16th DECEMBER 2024	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A -CORN BEEF HASH WITH TWO SEASONAL VEG					
MEAL B- VEGGIE HASH WITH TWO SEASONAL VEG					
PUDDING- ETON MESS					
	<u>A</u>	<u>B</u>	<u>SALA D</u>	<u>Pud</u>	<u>Eve</u>
TUESDAY 17th					
MEAL A- SAUSAGE & TOMATOE PASTA BAKE, TWO SEASONAL VEG					
MEAL B- VEGGIE & TOMATOE PASTA BAKE, TWO SEASONAL VEG					
PUDDING – BANOFFEE PIE WITH CREAM					
WEDNESDAY 18th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN & BACON PIE WITH CREAMY MASH AND TWO VEG					
MEAL B- VEGGIE VERSION OF ABOVE					
PUDDING – PINEAPPLE UPSIDE DOWN CAKE AND CUSTARD					
THURSDAY 19th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- PORK GOOLASH SAUTE POTATOES AND TWO VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING – APPLE CRUMBLE AND CUSTARD					
FRIDAY 20th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A -FISH PIE WITH MASH TOPPING AND TWO VEG					
MEAL B – VEGGIE MASH WITH TWO VEG					
PUDDING - CHERRY ALMOND CAKE AND CREAM					
SATURDAY 21st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN CURRY WITH RICE AND NAAN BREAD					
MEAL B – CAULIFLOWER CURRY WITH RICE AND NAAN BREAD					
PUDDING – FRUIT AND CREAM					
SUNDAY 22nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST GAMMON DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEG PIE TOPPED WITH SWEET POTATOES & TWO VEG					

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PUDDING – CAKE & CUSTARD					
MONDAY 23rd DECEMBER 2024	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TUNA PASTA BAKE WITH GARLIC BREAD					
MEAL B- VEGGIE PASTA BAKE WITH GARLIC BREAD					
PUDDING – CHOCOLATE CAKE AND CUSTARD					
TUESDAY 24th – CHRISTMAS EVE	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ALL DAY BREAKFAST BRUNCH					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING – COFFEE CAKE AND CREAM					
WEDNESDAY 25TH CHRISTMAS DAY MERRY CHRISTMAS!!!	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- FULL ON TRADITIONAL TURKEY CHRISTMAS ROAST					
MEAL B – NUT ROAST WITH ALL THE CHRISTMAS TRIMMINGS					
PUDDING- CHRISTMAS PUDDING & CREAM					
THURSDAY 26th BOXING DAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- COLD MEATS AND ALL THE PICKLES AND DIPS					
MEAL B- VEGGIE TART AND ALL THE PICKLES AND DIPS					
PUDDING – MINCE PIES AND CREAM					
FRIDAY 27th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- BREADED FISH AND CHIPS WITH PEAS AND LEMON					
MEAL B- CHILL BURGERS CHIPS AND PEAS					
PUDDING – PEARS IN CHOCOLATE SAUCE					
SATURDAY 28th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- LASAGNE WITH SAUTE POTS AND TWO SEASONAL VEG					
MEAL B- VEGGIE VERSION OF ABOVE					
PUDDING – LEMON MERINGUE PIE AND CREAM					
SUNDAY 29th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST PORK & ALL THE TRIMMINGS					
MEAL B- STUFFED PEPPERS & ALL THE TRIMMINGS					

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PUDDING - JAM TART CUSTARD					

MONDAY 30th DECEMBER	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- MINCE BEFF & ONION PIE WITH CREAMY MASH & TWO VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING – FRUIT AND CREAM					
TUESDAY 31st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN, S/CORN, WHITE SAUSE PIE WITH CREAMY MASH AND TWO SEASONAL VEG					
MEAL B- LEEK & SQUASH CRUMBLE					
PUDDING – PEACH COBBLER & CREAM					
WEDNESDAY 1ST JANUARY 2025 HAPPY NEW YEAR!!	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TRADITIONAL NEW YEARS DAY GAMMON ROAST					
MEAL B – CAULIFLOWER CHEESE ROAST WITH ALL THE TRIMMINGS					
PUDDING – RICE PUDDING WITH JAM					
THURSDAY 2nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN RATATOUILLE WITH SAUTE POTS AND 2 VEG					
MEAL B – VEGGIE OPTION AS ABOVE					
PUDDING – GYPSY TART AND CREAM					
FRIDAY 3rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BREADED FISH, CHIPS AND MUSHY PIE WITH LEMON					
MEAL B – VEGGIE WRAPS CHIPS AND SALAD					
PUDDING – CHEESECAKE & CREAM					
SATURDAY 4th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SPAGHETTI MEAT BALL BOLOGNESE WITH GARLIC BREAD					
MEAL B – VEGGIE OPTION FROM ABOVE					
PUDDING – JAFFA CAKE & CREAM					
SUNDAY 5th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>

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MEAL A – CHICKEN ROAST AND ALL THE TRIMMINGS TWO VEG					
MEAL B – SWEET POTATOE ROULADE WITH ALL THE TRIMMINGS					
PUDDING – POUND CAKE & CREAM					
MONDAY 6th JANUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE & GREEN BEAN POTATOE CASSEROLE WITH 2 VEG					
MEAL B- BEAN STEW WITH SWEET POTATOE MASH AND 2 VEG					
PUDDING – FRUIT & CREAM					
TUESDAY 7th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ALL DAY BREAKFAST BRUNCH					
MEAL B- VEGGIE ALL DAY BREAKFAST BRUNCH					
PUDDING – TRIFLE AND CREAM					
WEDNESDAY 8th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- MILD CHILLI CON CARNE WITH RICE AND GARLIC BREAD					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING – RICE PUDDING WITH JAM					
THURSDAY 9th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN STEW, SAUTE POTS & TWO VEG					
MEAL B – VEGGIE OPTION AS ABOVE					
PUDDING – APPLE PIE AND CUSTARD					
FRIDAY 10th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH PIE, CHIPS AND MUSHY PEAS WITH LEMON					
MEAL B – VEGGIE PIE, CHIPS AND MUSHY PEAS WITH LEMON					
PUDDING – UPSIDE DOWN PINAPPLE CAKE AND CREAM					
SATURDAY 11th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – TOAD IN THE HOLE, CREAMY MASH AND TWO VEG					
MEAL B – VEGGIE OPTION FROM ABOVE					
PUDDING – CAKE AND CUSTARD					
SUNDAY 12th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>

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MEAL A – GAMMON ROAST AND ALL THE TRIMMINGS TWO VEG					
MEAL B – VEGGIE HOT POT WITH ALL THE TRIMMINGS					
PUDDING – BREAD PUDDING AND CUSTARD					
MONDAY 13th JANUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN COTTAGE PIE & TWO SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING – APPLE & RHUBARB CRUMBLE WITH CUSTARD					
TUESDAY 14th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE & TOMATO PASTA BAKE AND TWO VEG					
MEAL B- RATTITUE WITH SWEET POTATOE MASH AND TWO VEG					
PUDDING – PINEAPPLE AND CREAM					
WEDNESDAY 15th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- LASAGNE AND SAUTE POTATOES WITH TWO VEG					
MEAL B – VEGGIE LASAGNE AND SAUTE POTATOES WITH TWO VEG					
PUDDING – CAKE AND CUSTARD					
THURSDAY 16th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – MEAT LOAF WITH CREAMY MASH AND TWO VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING – LEMON MERINGUE PIE AND CREAM					
FRIDAY 17th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BREADED FISH, CHIPS AND MUSHY PEAS WITH LEMON					
MEAL B – VEGGIE GOUJON, CHIPS AND MUSHY PEAS					
PUDDING – CHEESECAKE & CREAM					
SATURDAY 18th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – MINCE BEEF AND ONION PIE, SAUTE POTS AND TWO VEG					
MEAL B – VEGGIE OPTION FROM ABOVE					
PUDDING – JAFFA CAKE & CREAM					
SUNDAY 19th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK ROAST AND ALL THE TRIMMINGS TWO VEG					

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MEAL B – VEGETABLE AND LEEK PIE ALL THE TRIMMINGS					
PUDDING – TRIFLE & CREAM					
MONDAY 20th JANUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN & BACON PIE WITH CREAMY MASH & TWO VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING – CHOCOLATE CAKE AND CREAM					
TUESDAY 21st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TUNA PASTA BAKE WITH SALAD AND GARLIC BREAD					
MEAL B- LEEK & SQUASH CRUMBLE WITH GARLIC BREAD					
PUDDING – PEACH COBBLER & CREAM					
WEDNESDAY 22nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN CURRY, RICE AND NAAN BREAD					
MEAL B – CAULIFLOWER CURRY, RICE AND NAAN BREAD					
PUDDING – RICE PUDDING WITH JAM					
THURSDAY 23rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK GOULASH WITH SAUTE POTS AND TWO VEG					
MEAL B – VEGGIE OPTION AS ABOVE					
PUDDING – ETON MESS					
FRIDAY 24th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BREADED FISH, CHIPS AND MUSHY PIE WITH LEMON					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING – CHEESECAKE & CREAM					
SATURDAY 25th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SPAGHETTI MEAT BALL BOLOGNESE WITH GARLIC BREAD					
MEAL B – VEGGIE OPTION FROM ABOVE					
PUDDING – JAFFA CAKE & CREAM					
SUNDAY 26th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – GAMMON ROAST AND ALL THE TRIMMINGS TWO VEG					

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MEAL B – VEGGIE TURNER PIE WITH ALL THE TRIMMINGS					
PUDDING – POUND CAKE & CREAM					
MONDAY 27th JANUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE AND TOMATOE PASTA BAKE WITH TWO VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING – PINEAPPLE UPSIDE DOWN CAKE					
TUESDAY 28th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ALL DAY BREAKFAST BRUNCH					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING – CHERRY ALMOND CAKE AND CREAM					
WEDNESDAY 29th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- MILD CHILLI CON CARNE RICE AND GARLIC BREAD					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING – FRUIT AND CREAM					
THURSDAY 30th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN RATATOUILLE WITH SAUTE POTS AND TWO VEG					
MEAL B – VEGGIE OPTION AS ABOVE					
PUDDING – GYPSY TART AND CREAM					
FRIDAY 31st JANUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BREADED FISH, CHIPS AND MUSHY PEAS WITH LEMON					
MEAL B – VEGGIE NUGGETS CHIPS AND MUSHY PEAS					
PUDDING – CHEESECAKE & CREAM					
SATURDAY 1st FEBRUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BEEF STOGANOFF, CREAMY MASH AND TWO VEG					
MEAL B – VEGGIE STOGANOFF, CREAMY MASH AND TWO VEG					
PUDDING – FRUIT CRUMBLE AND CUSTARD					
SUNDAY 2nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN ROAST AND ALL THE TRIMMINGS TWO VEG					

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MEAL B – VEG AND POTATOE PLATT WITH ALL THE TRIMMINGS					
PUDDING – SYRUP SPONGE AND CUSTARD					
MONDAY 3rd FEBRUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- COTTAGE PIE WITH CREAMY MASH & TWO VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING – FRUIT CRUMBLE AND CUSTARD					
TUESDAY 28th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN, S/CORN, WHITE SAUSE PIE WITH CREAM MASH & TWO VEG					
MEAL B- LEEK & SQUASH CRUMBLE					
PUDDING – PEACH COBBLER & CREAM					
WEDNESDAY 29th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- MILD CHILLI CONCARN & JACKET POTATOE GARLIC BREAD					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING – RICE PUDDING WITH JAM					
THURSDAY 30th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN RATATOUILLE WITH SAUTE POTS AND 2 VEG					
MEAL B – VEGGIE OPTION AS ABOVE					
PUDDING – CHOCOLATE CAKE AND CREAM					
FRIDAY 31st JANUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – BREADED FISH, CHIPS AND MUSHY PIE WITH LEMON					
MEAL B – BREADED VEG GOUJONS CHIPS AND SALAD					
PUDDING – CHEESECAKE & CREAM					
SATURDAY 1st FEBRUARY 2025	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SPAGHETTI MEAT BALL BOLOGNESE WITH GARLIC BREAD					
MEAL B – VEGGIE OPTION FROM ABOVE					
PUDDING – CAKE & CREAM					

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SUNDAY 2nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK ROAST AND ALL THE TRIMMINGS TWO VEG					
MEAL B – SWEET POTATOE ROULADE WITH ALL THE TRIMMINGS					
PUDDING – FRUIT & CREAM					

Fancy Afternoon Tea

Fridge ready!

**We deliver at the same time as your hot meal delivery,
Sandwiches, fresh fruit and cake/biscuits**

Monday: Corned Beef with Apple Juice and crisps.

Tuesday: Cheese & pickle with Orange Juice and crisps.

Wednesday: Tuna Mayo with Ribena and crisps.

Thursday: Egg Mayo with Apple Juice and crisps.

Friday: Ham and Cucumber with Orange Juice and crisps

Saturday: Cheese and Tomato with Ribena and crisps.

Sunday: Chicken Mayo with Apple Juice and crisps.

Vegetarian Option: Please specify

Brown/White Bread: Please specify



Buddy Box – Hot Meal Delivery Service

Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.
- **Please return rinsed containers to the driver, we sterilise and reuse them to help the environment**
- **NOT SUITABLE FOR THE OVEN**

Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later

Please only reheat this **once** to avoid any food poisoning.

Should you wish to make any changes to your menu, please let us know at your earliest convenience.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Jo Hudson

Age UK Thanet, Randolph House, Zion Place, Margate, Kent CT9 1RP

Telephone: 01843 223881

Buddy Box – Hot Meal Delivery Service

Service Manager

Age UK Thanet

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Telephone: 01843 223881

Approved: CEO

Version:0002

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