



Menu

2nd JUNE 2025 – 29th JUNE 2025

- *Please make your choice and return your order form to the driver
- *If you prefer you can call 01843 223881
- *Please select meal **A or *B (*Vegetarian)**
- *Please choose a pudding if you would like to receive one.

***Meals are £10 including a pudding.**

PLEASE NOTE

- *Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**
- *Meals must be delivered; we are unable to leave outside.**
- *PLEASE RETURN OUT CONTAINERS**

- *Our food is prepared where nuts, gluten and other allergies could be present.
- *Our menu descriptions cannot always include all ingredients.
- *We use fresh, locally sourced, seasonable vegetables
- *We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:
.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

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SALAD BOXES £6

We offer a choice of **HAM, CHEESE**, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

**Salads can now be considered as a meal alternative
if you do not fancy a hot meal pick me!**



	Meal A	Meal B	Salad	Pud	Evening
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Approved: CEO

Version:0002

Reviewed: Sept 24

MONDAY 2nd JUNE	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – LASAGNA WITH GARLIC BREAD AND SEASONAL VEG					
MEAL B – VEGGIE LASAGNA WITH GARLIC BREAD AND SEASONAL VEG					
PUDDING					
TUESDAY 3rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN CURRY WITH RICE AND NAAN BREAD					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 4th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE ROAST WITH ALL TRIMMINGS					
PUDDING					
THURSDAY 5th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – TOAD IN THE HOLE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 6th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH FILET WITH PARSLEY SAUCE NEW POTATOES AND PEAS					
MEAL B – CAULIFLOWER WITH CHEESE SAUCE, NEW POTATOES AND PEAS					
PUDDING					
SATURDAY 7th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 8th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 9^h MAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHILLI CON CARNE WITH RICE AND GARLIC BREAD					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING-					
	<u>A</u>	<u>B</u>	<u>SALA D</u>	<u>Pud</u>	<u>Eve</u>
TUESDAY 10th					
MEAL A- CHICKEN AND VEG CREAMY PASTA					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
WEDNESDAY 11th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE PIE WITH ALL THE TRIMMINGS					
PUDDING					
THURSDAY 12th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- PORK AND SPINNACH CASSEROLE WITH RICE AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDDNG					
FRIDAY 13th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A -FISH PIE WITH 2 SEASONAL VEG					
MEAL B – VEGGIE PIE WITH 2 SEASONAL VEG					
PUDDING					
SATURDAY 14th – PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 15^h PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 16th JUNE	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SHEPERD's PIE WITH 2 SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 17th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN FRICASSEE WITH RICE AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 18th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 19th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ALL DAY BREAKFAST					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 20th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TUNA PASTA BAKE WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SUNDAY 21st PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 22nd JUNE PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 23rd JUNE	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SPAGHETTI BOLGNESE WITH GARLIC BREAD					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 24th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- BUTTER CHICKEN WITH RICE AND NAAN BREAD					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 25th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 26th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGES, BEANS AND CHEESY MASH					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 27th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- FISH PIE WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SUNDAY 28th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 29th JUNE PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					

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MEAL B- VEGGIE SANDWICH AND PACK UP					

AFTERNOON TEA

Fridge ready!

**We deliver at the same time as your hot meal delivery,
Sandwiches, fresh fruit and cake/biscuits**

HAM OR CHEESE SANDWICHES



Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.
- **Please return rinsed containers to the driver, we sterilise and reuse them to help the environment**
- **NOT SUITABLE FOR THE OVEN**

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Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later

Please only reheat this **once** to avoid any food poisoning.

Should you wish to make any changes to your menu, please let us know at your earliest convenience.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Age UK Thanet