



Menu

4th AUGUST 2025 – 7th SEPTEMBER 2025

- *Please make your choice and return your order form to the driver
- *If you prefer you can call 01843 223881
- *Please select meal **A or *B (*Vegetarian)**
- *Please choose a pudding if you would like to receive one.

***Meals are £10 including a pudding.**

PLEASE NOTE

- *Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**
- *Meals must be delivered; we are unable to leave outside.**
- *PLEASE RETURN OUT CONTAINERS**

- *Our food is prepared where nuts, gluten and other allergies could be present.
- *Our menu descriptions cannot always include all ingredients.
- *We use fresh, locally sourced, seasonable vegetables
- *We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:
.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

Age UK Thanet, Millmead Children's Centre, Dane Valley Road, Margate, CT9 3RU

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SALAD BOXES £6

We offer a choice of **HAM, CHEESE**, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

**Salads can now be considered as a meal alternative
if you do not fancy a hot meal pick me!**



	Meal A	Meal B	Salad	Pud	Evening
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Approved: CEO

Version:0002

Reviewed: Sept 24

MONDAY 4th AUGUST	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – QUICHE WITH POTATOES AND SALAD					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
TUESDAY 5th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – MINCE AND ONION PIE WITH SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 6TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – COLD CUTS WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
THURSDAY 7TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A –CHICKEN WITH RICE AND SPINNACH					
MEAL B –VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 8TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – JACKET POTATO WITH TUNA MAYO AND SALAD					
MEAL B – JACKET POTATO WITH CHEESE AND BEANS					
PUDDING					
SATURDAY 9th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 10th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A –SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 11TH AUGUST	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – MINCE WITH RICE AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING-					
	<u>A</u>	<u>B</u>	<u>SALA D</u>	<u>Pud</u>	<u>Eve</u>
TUESDAY 12TH					
MEAL A- SAUSAGE, CHEESY MASH AND BEANS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
WEDNESDAY 13th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- COLD CUTS WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE WRAPS WITH ALL THE TRIMMINGS					
PUDDING					
THURSDAY 14th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND MUSHROOM PIE WITH MASH AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 15th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A -PRAWN AND SPINNACH CURRY WITH NAAN BREAD AND RICE					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 16th – PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 17th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 18th AUGUST	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CORNISH PASTY WITH MASH AND BEANS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 19th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND CHICKPEA STEW WITH RICE AND VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 20th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- COLD CUTS WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE WRAPS WITH ALL THE TRIMMINGS					
PUDDING					
THURSDAY 21ST	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SPAGHETTI BOLOGNESE WITH GARLIC BREAD					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 22ND	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- PRAWN AND CRABSTICK SALAD WITH AVOCADO					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 23RD PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 24th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 25TH AUGUST	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE WITH MASH AND ONION GRAVY WITH ONE SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 26TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- MINCE RICE AND ONE SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 27TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- COLD CUTS WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 28TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- QUICHE WITH SALADS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 29TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SALMON + LEEK PIE WITH SAUTE POTATOES WITH ONE VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 30TH PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 31ST PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					

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MEAL B- VEGGIE SANDWICH AND PACK UP					

MONDAY 1ST SEPTEMBER	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SWEET AND SOUR PORK WITH RICE AND VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 2ND	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- LASAGNA WITH SALAD AND GARLIC BREAD					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 3RD	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- COLD CUTS WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 4TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE BEANS AND CHEESY MASH					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 5TH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- FISH PIE WITH 2 SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 6TH PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 7TH PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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AFTERNOON TEA

Fridge ready!

**We deliver at the same time as your hot meal delivery,
Sandwiches, fresh fruit and cake/biscuits**

HAM OR CHEESE SANDWICHES



Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.
- **Please return rinsed containers to the driver, we sterilise and reuse them to help the environment**
- **NOT SUITABLE FOR THE OVEN**

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Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later

Please only reheat this **once** to avoid any food poisoning.

Should you wish to make any changes to your menu, please let us know at your earliest convenience.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Age UK Thanet