

Menu

1ST DECEMBER 2025 – 4TH JANUARY 2025

- *Please make your choice and return your order form to the driver
- *If you prefer you can call 01843 223881
- *Please select meal A or *B (*Vegetarian)
- *Please choose a pudding if you would like to receive one.

*Meals are £10 including a pudding.

PLEASE NOTE

- *Our delivery period is between 11.30am 2.30pm, unfortunately we are unable to guarantee a time slot
- *Meals must be delivered; we are unable to leave outside.
- *PLEASE RETURN OUT CONTAINERS
- *Our food is prepared where nuts, gluten and other allergies could be present.
- *Our menu descriptions cannot always include all ingredients.
- *We use fresh, locally sourced, seasonable vegetables
- *We cannot commit to exact types

If you have a food allergy, please let us know before ordering.
Full <u>allergen</u> information is available
Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:	
Address:	
Tel. No:	
	gies: Y/N if Yes please specify

Age UK Thanet, Millmead Children's Centre, Dane Valley Road, Margate, CT9 3RU

Telephone: 01843 223881

Approved: CEO Version:0003 Reviewed: Sept 25

SALAD BOXES £6

We offer a choice of HAM, CHEESE, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

Salads can now be considered as a meal alternative if you do not fancy a hot meal pick me!



<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
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Age UK Thanet, Millmead Children's Centre, Dane Valley Road, Margate, CT9 3RU

MONDAY 1st DECEMBER					
MEAL A – MINCE AND ONION PIE WITH SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
TUESDAY 2 nd	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – CORNISH PASTIE WITH SAUTE POTATOES AND BEANS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 3 rd	<u>A</u>	<u>B</u>	Salad	Pud	<u>Eve</u>
MEAL A – SAUSAGE, MASH AND ONION GRAVY WITH SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
THURSDAY 4 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B -VEGGIE VERSION OF ABOVE					
PUDDDING					
FRIDAY 5 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH PIE AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
SATURDAY 6th - ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	Salad	Pud	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 7th - ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A -SANDWICH AND PACK UP					
MEAL B - VEGGIE SANDWICH AND PACK UP					

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MONDAY 8th DECEMBER	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – LASAGNE WITH GARLIC BREAD AND SEASONAL VEG	-				
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING-	-				
	<u>A</u>	<u>B</u>	SALA	<u>Pud</u>	<u>Eve</u>
TUESDAY 9 th	-		<u>D</u>		
MEAL A- CHICKEN CURRY WITH RICE AND NAAN BREAD	-				
MEAL B- VEGGIE OPTION OF ABOVE	_				
PUDDING	-				
WEDNESDAY 10 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE, MASH AND BEANS	-				
MEAL B- VEGGIE OPTION OF ABOVE	-				
PUDDING	_				
THURSDAY 11 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS	_				
MEAL B – VEGGIE VERSION OF ABOVE	_				
PUDDDNG	_				
FRIDAY 12 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH IN PARSLEY SAUCE WITH MASH AND SEASONAL VEG	-				
MEAL B – VEGGIE OPTION OF ABOVE	-				
PUDDING	-				
SATURDAY 13 th - PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP	-				
MEAL B – VEGGIE SANDWICH AND PACK UP	-				
SUNDAY 14th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP	1				

MONDAY 15th DECEMBER	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SWEET AND SOUR PORK WITH RICE WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 16 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- CHICKEN, TURKEY AND HAM PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 17 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SPAGHETTI BOLGNAISE WITH GARLIC BREAD					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 18th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 19 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- CHICKEN STEW WITH MASH AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 20 th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 21st PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

MONDAY 22 nd DECEMBER	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SAUSAGE, MASH AND BEANS	_				
MEAL B- VEGGIE OPTION OF ABOVE	-				
PUDDING	1				
TUESDAY 23 rd	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- QUICHE WITH SAUTE POTATOES AND SEASONAL VEG	-				
MEAL B – VEGGIE VERSION OF ABOVE	-				
PUDDING	1				
WEDNESDAY 24th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- MINCE AND RICE WITH CARROTS	-				
MEAL B – VEGGIE OPTION OF ABOVE	-				
PUDDING	1				
THURSDAY 25 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- CHRISTMAS DINNER WITH ALL THE TRIMMINGS	-				
MEAL B- VEGGIE OPTION OF ABOVE	-				
PUDDING	_				
FRIDAY 26 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- COLD CUTS WITH JACKET POTATOES, PICKLES AND COLESWLAW	_				
MEAL B- VEGGIE OPTION OF ABOVE	-				
PUDDING	-				
SATURDAY 27 th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP	-				
MEAL B- VEGGIE SANDWICH AND PACK UP	_				
SUNDAY 28th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP	-				

MEAL B- VEGGIE SANDWICH AND PACK UP					
MONDAY 29th DECEMBER	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- LASAGNE AND GARLIC BREAD WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 30 th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SAUSAGE ROLL WITH SAUTE POTATOES AND BEANS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 31st	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- CHICKEN STROGANOFF WITH MASH AND SEASONAL VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 1st JANUARY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 2 nd	<u>A</u>	<u>B</u>	Salad	Pud	<u>Eve</u>
MEAL A- FISH PIE WITH TWO SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 3 rd PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 4th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

AFTERNOON TEA

Fridge ready!

We deliver at the same time as your hot meal delivery, Sandwiches, fresh fruit and cake/biscuits



Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.

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 Please return rinsed containers to the driver, we sterilise and reuse them to help the environment

NOT SUITABLE FOR THE OVEN

Not ready to eat at the time of delivery? Please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later.

Once menus have been returned amendments cannot be made.

Please only reheat this **once** to avoid any food poisoning.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Age UK Thanet