



Menu

5th JANUARY 2025 – 1st FEBRUARY 2025

*Please make your choice and return your order form to the driver

***If you prefer you can call direct to the Kitchen on 01843 282910 (new number)**

*Please select meal **A** or ***B (*Vegetarian)**

*Please choose a pudding if you would like to receive one.

***Meals are £10 including a pudding.**

PLEASE NOTE

***Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**

***Meals must be delivered; we are unable to leave outside.**

***PLEASE RETURN OUT CONTAINERS**

*Our food is prepared where nuts, gluten and other allergies could be present.

*Our menu descriptions cannot always include all ingredients.

*We use fresh, locally sourced, seasonable vegetables

*We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:
.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

Age UK Thanet, Millmead Children's Centre, Dane Valley Road, Margate, CT9 3RU

Telephone: 01843 292910

Approved: CEO

Version:0002

Reviewed: Sept 24

SALAD BOXES £6

We offer a choice of **HAM, CHEESE**, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

**Salads can now be considered as a meal alternative
if you do not fancy a hot meal pick me!**



	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
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MONDAY 5th JANUARY					
MEAL A – CHICKEN AND MUSHROOM PIE WITH SAUTE POTATOES AND VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
TUESDAY 6th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHILLI CON CARNE					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 7th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – TOAD IN THE HOLE WITH MASH AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
THURSDAY 8th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST PORK WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 9th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH PIE AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
SATURDAY 10th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 11th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 12th JANUARY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK GOULASH WITH MASH AND VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING-					
	<u>A</u>	<u>B</u>	<u>SALA D</u>	<u>Pud</u>	<u>Eve</u>
TUESDAY 13th					
MEAL A- LASAGNA WITH TWO SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
WEDNESDAY 14th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE, MASH AND ONION GRAVY WITH ONE VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 15th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 16th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN KIEV WITH SAUTE POTATOES WITH ONE SEASONAL VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 17th – PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 18th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 19th JANUARY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- MINCE AND ONION PIE WITH TWO SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 20th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE MASH AND BEANS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 21st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CORNISH PASTY WITH PEAS AND MASH					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 22nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST CHICKEN WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 23rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- FISH PIE WITH PASTRY WITH MASH AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 24th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 25th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 26th JANUARY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SPAGHETTI BOLOGNAISE WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 27th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND MUSHROOM PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 28th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE AND MASH WITH ONE SEASONAL VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 29th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 30th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SMOKED HADDOCK WITH MASH AND PEAS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 31st PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 1st FEBRUARY PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					

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AFTERNOON TEA

Fridge ready!

**We deliver at the same time as your hot meal delivery,
Sandwiches, fresh fruit and cake/biscuits**

HAM OR CHEESE SANDWICHES



Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.

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- **Please return rinsed containers to the driver, we sterilise and reuse them to help the environment**
- **NOT SUITABLE FOR THE OVEN**

Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later.

Once menus have been retuned amendments cannot be made.

Please only reheat this **once** to avoid any food poisoning.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Age UK Thanet