



Menu

5th JANUARY 2025 – 1st FEBRUARY 2025

- *Please make your choice and return your order form to the driver
- *If you prefer you can call direct to the Kitchen on 01843 282910 (new number)**
- *Please select meal A or *B (*Vegetarian)
- *Please choose a pudding if you would like to receive one.

***Meals are £10 including a pudding.**

PLEASE NOTE

- *Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**
- *Meals must be delivered; we are unable to leave outside.**
- *PLEASE RETURN OUT CONTAINERS**

- *Our food is prepared where nuts, gluten and other allergies could be present.
- *Our menu descriptions cannot always include all ingredients.
- *We use fresh, locally sourced, seasonable vegetables
- *We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:

.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

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SALAD BOXES £6

We offer a choice of **HAM, CHEESE**, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

**Salads can now be considered as a meal alternative
if you do not fancy a hot meal pick me!**



	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
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Approved: CEO

Version:0002

Reviewed: Sept 24

MONDAY 5th JANUARY					
MEAL A – CHICKEN AND MUSHROOM PIE WITH SAUTE POTATOES AND VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
TUESDAY 6th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHILLI CON CARNE					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 7th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – TOAD IN THE HOLE WITH MASH AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
THURSDAY 8th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST PORK WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 9th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH PIE AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
SATURDAY 10th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 11th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 12th JANUARY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK GOULASH WITH MASH AND VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING-					
	<u>A</u>	<u>B</u>	<u>SALAD</u>	<u>Pud</u>	<u>Eve</u>
TUESDAY 13th					
MEAL A- LASAGNA WITH TWO SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
WEDNESDAY 14th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE, MASH AND ONION GRAVY WITH ONE VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 15th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 16th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN KIEV WITH SAUTE POTATOES WITH ONE SEASONAL VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 17th – PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 18th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 19th JANUARY	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- MINCE AND ONION PIE WITH TWO SEASONAL VEG				<u>Eve</u>
MEAL B- VEGGIE OPTION OF ABOVE				
PUDDING				
TUESDAY 20th	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- SAUSAGE MASH AND BEANS				<u>Eve</u>
MEAL B – VEGGIE VERSION OF ABOVE				
PUDDING				
WEDNESDAY 21st	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- CORNISH PASTY WITH PEAS AND MASH				<u>Eve</u>
MEAL B – VEGGIE OPTION OF ABOVE				
PUDDING				
THURSDAY 22nd	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- ROAST CHICKEN WITH ALL THE TRIMMINGS				<u>Eve</u>
MEAL B- VEGGIE OPTION OF ABOVE				
PUDDING				
FRIDAY 23rd	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- FISH PIE WITH PASTRY WITH MASH AND SEASONAL VEG				<u>Eve</u>
MEAL B- VEGGIE OPTION OF ABOVE				
PUDDING				
SATURDAY 24th PACK UP ONLY (DELIVERED ON FRIDAY)	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- SANDWICH AND PACK UP				<u>Eve</u>
MEAL B- VEGGIE SANDWICH AND PACK UP				
SUNDAY 25th PACK UP ONLY (DELIVERED ON FRIDAY)	A	B	<u>Salad</u>	<u>Pud</u>
MEAL A- SANDWICH AND PACK UP				<u>Eve</u>
MEAL B- VEGGIE SANDWICH AND PACK UP				

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MONDAY 26th JANUARY	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SPAGHETTI BOLOGNAISE WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 27th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND MUSHROOM PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 28th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE AND MASH WITH ONE SEASONAL VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 29th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 30th	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SMOKED HADDOCK WITH MASH AND PEAS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 31st PACK UP ONLY (DELIVERED ON FRIDAY)	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 1st FEBRUARY PACK UP ONLY (DELIVERED ON FRIDAY)	A	B	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					

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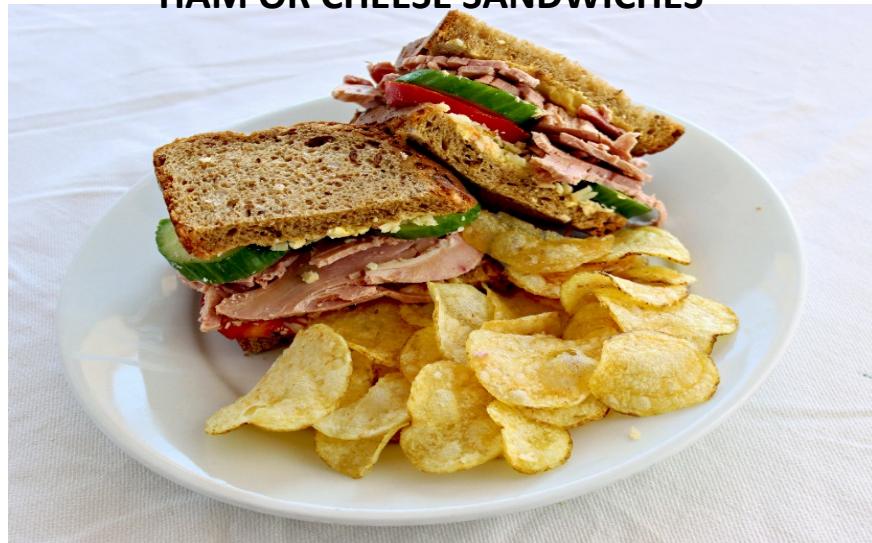
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AFTERNOON TEA

Fridge ready!

**We deliver at the same time as your hot meal delivery,
Sandwiches, fresh fruit and cake/biscuits**

HAM OR CHEESE SANDWICHES



Containers

- Our containers ARE now microwavable, including the small black dessert ones.
- The containers CAN NOT go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.

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- **Please return rinsed containers to the driver, we sterilise and reuse them to help the environment**
- **NOT SUITABLE FOR THE OVEN**

Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later.

Once menus have been retuned amendments cannot be made.

Please only reheat this once to avoid any food poisoning.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

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