



Menu

2nd MARCH 2026 – 5th APRIL 2026

*Please make your choice and return your order form to the driver

***If you prefer you can call direct to the Kitchen on 01843 282910 (new number)**

*Please select meal **A** or ***B (*Vegetarian)**

*Please choose a pudding if you would like to receive one.

***Meals are £10 including a pudding.**

PLEASE NOTE

***Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**

***Meals must be delivered; we are unable to leave outside.**

***PLEASE RETURN OUT CONTAINERS**

*Our food is prepared where nuts, gluten and other allergies could be present.

*Our menu descriptions cannot always include all ingredients.

*We use fresh, locally sourced, seasonable vegetables

*We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:

.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

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SALAD BOXES £6

We offer a choice of **HAM, CHEESE**, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

Salads can now be considered as a meal alternative if you do not fancy a hot meal pick me!



	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
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Approved: CEO

Version:0002

Reviewed: Sept 24

MONDAY 2nd MARCH					
MEAL A – SHEPERDS PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
TUESDAY 3rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN KIEV WITH SAUTE POTATOES AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 4th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN AND BACON PASTA					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
THURSDAY 5th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 6th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH IN PARSLESY SAUCE WITH MASH AND VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
SATURDAY 7th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 8th – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 9th MARCH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – MINCE AND ONION PIE WITH MASH AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING-					
TUESDAY 10th	<u>A</u>	<u>B</u>	<u>SALA</u> <u>D</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE WITH SAUTE POTATOES AND BEANS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
WEDNESDAY 11th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- PORK STROGANOFF WITH MASH AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 12th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
FRIDAY 13th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN CASSEROLE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 14th – PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 15th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 16th MARCH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND MUSHROOM PIE AND VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 17st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SPAGHETTI BOLOGNESE WITH GARLIC BREAD					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 18nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CORNISH PASTY WITH SAUTE POTATOES AND BEANS					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 19rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST TURKEY WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 20th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- FISH PIE WITH TWO SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 21th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 22th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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MONDAY 23th MARCH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHILLI CON CARNE JACKET POTATO WITH SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 24th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE AND MASH IN ONION GRAVY AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 25th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- BACON AND EGG QUICHE WITH SAUTE POTATOES AND VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 26th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 27th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SMOKED HADDOCK WITH MASH AND PEAS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 28th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 29th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					

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MEAL B- VEGGIE SANDWICH AND PACK UP					
MONDAY 30th MARCH	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- LASAGNE WITH GARLIC BREAD AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
TUESDAY 31st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND BACON PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING					
WEDNESDAY 1st APRIL	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TUNA PASTA WITH VEG					
MEAL B – VEGGIE OPTION OF ABOVE					
PUDDING					
THURSDAY 2nd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
FRIDAY 3rd	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- FISH IN CHEESE SAUCE MASH AND 1 VEG					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING					
SATURDAY 4th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
SUNDAY 5th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					

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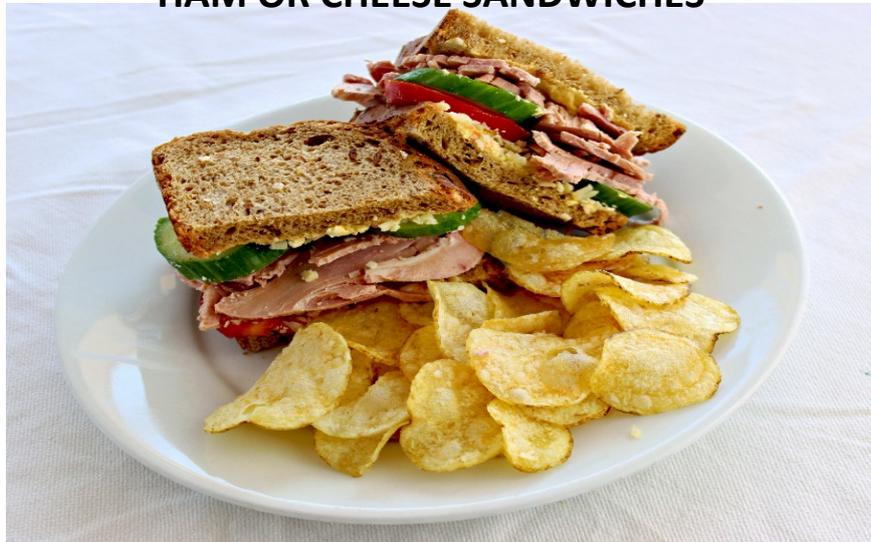
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AFTERNOON TEA

Fridge ready!

**We deliver at the same time as your hot meal delivery,
Sandwiches, fresh fruit and cake/biscuits**

HAM OR CHEESE SANDWICHES



Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.
- **Please return rinsed containers to the driver, we sterilise and reuse them to help the environment**

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- **NOT SUITABLE FOR THE OVEN**

Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later.

Once menus have been returned amendments cannot be made.

Please only reheat this **once** to avoid any food poisoning.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Age UK Thanet